






Executive Coaching That Evolves With You

Tailored support for every phase of your leadership journey

What's Included in Every Package:

- Personalized assessment to clarify where you're starting from.
- Goal-driven coaching aligned with your unique leadership priorities.
- Check-ins with your sponsor (e.g., your manager) for support and alignment.
- Access to our Online Coaching Platform: Schedule appointments, Complete forms and surveys, See and submit homework, Message your coach directly, Track your progress over time

Coaching Packages at a Glance:

| Length | Ideal For | Sponsor Check-Ins | Coaching Style | Investment |
|-----------|---|--|-----------------------------------|--|
| 6 Months | Leaders with focused goals or in transition | Kickoff + Closeout | Fast-track & results-oriented |  Lower |
| 9 Months | Leaders needing flexibility with evolving goals | Kickoff + Optional Midpoint + Closeout | Balanced depth & momentum |  Moderate |
| 12 Months | Executives seeking deep, lasting transformation | Kickoff + Midpoint + Closeout | Strategic, immersive, sustainable |  Higher |

6-Month Coaching: Focused Momentum

Quick, targeted support to help you act fast and lead strong.

Ideal for leaders navigating a new role, overcoming a specific challenge, or sharpening a key skill set.

- High-impact sessions in a condensed timeframe
- Ideal for fast-paced environments or short-term objectives
- Lower investment for quick leadership gains

9-Month Coaching: Strategic Growth with Flexibility

Progress with space to pivot, refine, and grow.

Designed for leaders whose goals are complex or evolving — this package includes an optional midpoint sponsor check-in for realignment.

- Time to test, reflect, and adapt strategies
- Support for leaders managing new initiatives or teams
- Greater continuity without a year-long commitment

12-Month Coaching: Deep Transformation

Sustainable leadership evolution that sticks.

Our most robust offering supports executives over time, creating space for breakthroughs, behavioral shifts, and organizational impact.

- Ideal for high-potential leaders or long-term development goals
- Sponsor check-ins throughout to maintain visibility and alignment
- Best for embedding new habits, driving culture change, or navigating major shifts

*We help leaders get bigger breakthroughs faster
through coaching, facilitation, and consulting.*

www.newhorizonstrategies.com