



# DR. JERRY FU

Associate Certified Coach, Talent Optimization Specialist

## OVERVIEW

Dr. Jerry Fu - a certified coach and pharmacist - specializes in conflict resolution coaching, culture design, and leadership development. He loves equipping new leaders, especially Asian professionals in their mid-20s to early 30s.

Jerry provides individual coaching, group coaching, and workshop facilitation. He has coached clients in legal, healthcare, and financial industries. He is involved in both the Asian Chamber of Commerce and the Organization of Chinese Americans Greater Houston chapter.

Prior to becoming a coach, Jerry worked as a pharmacy manager for several companies. His responsibilities included maintaining compliance, building a healthy work culture, optimizing workflow, maintaining relationships with other healthcare professionals, and collaborating with marketers.

His clients experience clarity in next steps, confidence to do them, and closure to move on to the next task with whatever challenges they face.

When he's not coaching, Jerry enjoys podcasting and salsa dancing.

## EDUCATION

- 60 hours of professional coach training, Doerr Institute CoachRice Leadership Certificate Program
- Doctor of Pharmacy, University of Tennessee-Memphis
- Bachelor of Arts in Biology, Rice University

## CERTIFICATIONS

- International Coach Federation (ICF) Associate Certified Coach (ACC)
- Talent Optimization

## AREAS OF EXPERTISE

- Change Leadership and Change Management
- Confidence, Conflict Management and Growth Resolution
- Decision Making, Delegation and Outcome Management
- Effective Communication and Feedback Culture
- Team Facilitation
- Diversity, Equity, and Inclusion
- Culture Building
- Productivity
- Group Coaching
- Leadership Course Content Design

## WHAT CLIENTS SAY

*"Before I started working with Jerry, all of my previous positions also included an HR department (fully equipped to facilitate conflict resolution amongst other issues). Now as a leader within an independent business I realize that I am responsible for this & so much more. That discovery initially led to overwhelming & underprepared feelings. Fortunately, Jerry facilitated my personal & professional journey to success; ultimately resulting in increased confidence in my decisions, leadership, and my continued ability to analyze all situations, resolve conflicts, create effective solutions and workflow processes. Thanks Jerry!"*

- **Calissta Johnson, Pharmacist in Charge**

*"We appreciated Jerry coming to facilitate our Chapter retreat. He is especially skilled at listening to the group and assessing their needs, and then pivoting to adjust the agenda in order to meet their needs. He is gifted in soliciting input from the whole entire group, not just the "talkers". He really helped put us on the right track for the next year!"*

- **Dena Dillon, Pharm.D., AAHVP**

*"Before I started working with Jerry, I felt really lost and directionless with how to approach my goal of navigating my art business. My end goal was to break away from old habits and form a new routine where I could work on my business and maintain a good work-life balance without burning out. Instead, Jerry helped me develop good habits and mindsets by recommending great books like "Limitless" by Jim Kwik and "Barking up the Wrong Tree" by Eric Barker. These books and my monthly coaching sessions with Jerry helped me gain new insights and habits. Now I am equipped with the knowledge and perspectives to guide me along my path of creating a sustainable business built on passion and creativity."*

- **Tam Ngo, Luna Lit Media**

*I started working with Jerry during a period in my life when I was at a crossroads and unsure which way to go. Jerry helped me recognize tendencies I have under stress - he made me feel comfortable owning up to the underlying issues that my patterns were rooted in and created awareness in me through very candid questions. Through working with Jerry I was able to evaluate my options, set specific goals, develop strategies and motivation to have difficult conversations standing between me and my future, and move forward with less stress. Highly recommend working with Jerry!"*

- **Jessica Ciosek, Wilderlife Coaching**



## RESULTS: TRANSITION TO TRANSFORMATION

### **Representative engagements**

- Designed leadership curriculum for The Light of Life Haiti nonprofit
- Hosted book discussion series for the Phi Lambda Sigma Pharmacy Leadership Society
- Presented for the Organization of Chinese Americans – Greater Houston chapter (OCA-GH)
- Facilitated workshops for Phi Delta Chi Fraternity student chapters (various)

### **Ongoing engagements**

- Facilitator for the Pharmacy Leadership and Education Institute (PLEI) Leader Development Seminar